

“A New Path Appears”

On the road walking,
stepping into that
unknown space.

A branched fork in the
road appears,
calling your name.

A fluttering heart,
filled with both
excitement and fear.

Which direction to go,
the old way or the new?

Either path, full of love
from the Divine,
Neither is a mistake,
for both will change over time.

But one calls your name,
louder than the other.

A new way to be,
listening from within,
not just about what
you are seeing on the outside.

The old path, worn well
and walked with
confidence and with
grace, this way
is already known,
a comfortable place,
making everything around you
feel okay.

The unknown path,
both shadows and light
cast on the ground
all around,
shaky balance and steps
unsteady and
new,
like a toddler just learning to
walk -
surely there will be
a fall or two.

What to take on this
new path? Not much,
in fact,
except all the wisdom
you have already gained
over time -
with each previous
change.

A new way of being,
of trusting the unknown,
the beauty of not
having the answers,
whether life is calm
or raging like a storm.

Which path do you choose?
The answer, unclear,
each person must
listen with their own
inner ear.

Awake to the voice of
Spirit rustling amidst
the leaves of the
trees over head,
The wind carrying the
messages, testing
your own beliefs.

A beautiful, golden light
passes through the
branches -
At dusk on this day -
Making the ground
sparkle on this
new path you are
walking.

Take a deep breath,
calming your insides,
ask for help and
love from all of your
guides, to be with
you, supporting your
path,

The unfolding, the unwinding,
with signals that are clear -
to go,
forward in this new direction,
heart fluttering once more.

Be brave, Be kind,
Be humble and
Inspired.

Your heart and your
gut both leading
the way -
your intellect helping
to navigate as well
each step
that you take.

Plant your feet firmly,
and breathe love
into your heart,
make this life's journey
awesome, more than
you ever dreamed
at the start.

by
Shannon Sullivan
The Blue Heron Creates

